

Welcome to the Lane Cove Dental Centre Newsletter

Volume 01 Summer 05



THIS ISSUE



It's been a very busy year here at Lane Cove and firstly, we wish to welcome our new patients that have recently joined our practice. We hope that your visits to us have been comfortable, informative and that you have received the high standard of care that we pride ourselves on.

To all our existing patients, we extend our thanks for your continued trust and commitment to us. As every year goes by, we aim to educate ourselves on the latest dental procedures, materials and also comforts that become available for dental treatments and the past year has been no exception!

The recent advancements such as, 'Quicksmile' teeth whitening and Dental Implant technologies have been the most exciting additions to our practice. These treatments allow us to continue our commitment to offering you the most comprehensive list of treatments all under one roof.

As usual, we must quickly remind you of our commitment to your oral health. You have probably heard us mention before –

Preventive dentistry is the key to maintaining your teeth for life

Regular visits to address problems early are essential to avoiding major dental treatments. These regular visits often save time and money, not to mention giving you peace of mind that all in your mouth is at its best.

We hope that you find this newsletter informative and interesting. Should you have any feedback or suggestions then please do not hesitate to be in touch.

Again we must thank you for your continued support and loyalty. We look forward to seeing you all again soon!

Dr Mark Casiglia & Associates

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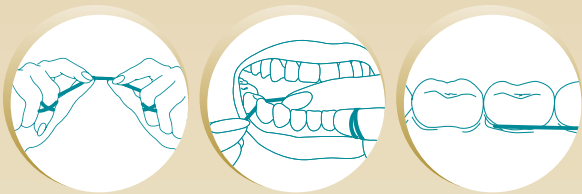
PATIENT EDUCATION

At Lane Cove Dental Centre we like our patients to be aware of the benefits that regular visits can provide.

Your oral health is a very important part of your overall health and if this is not at its best, you will find that over time, many serious problems can develop. Decay is the most common problem that most people are aware of, although in the grand scheme of things it's not the worst thing that can happen. Gum disease can be a debilitating condition that can go relatively unnoticed for a period of time before it's too late. In extreme circumstances, teeth can be lost!

These hidden dangers can be avoided if your visits to us are regular. Problem areas can be monitored and if something does develop, then it can be addressed early therefore reducing the extent of the treatment required.

Each issue we will provide some Oral Hygiene tips to help you to maintain your smile between your visits...



DAILY FLOSSING

Flossing removes plaque from between the teeth, areas where gum disease can begin. It can sometimes feel a little awkward to floss, so follow these easy tips below.

1. Wind roughly 20cm of floss around middle fingers of each hand. Hold each end of the floss between your thumbs and index fingers, leaving about 2cm to 3cm of length in between. You should use your thumbs to direct the floss between your upper teeth.
2. Keeping the 2cm to 3cm length of floss firmly between fingers, use index fingers to direct the floss between the lower teeth.
3. Gently guide the floss between the teeth by using a zigzag motion. It is important to remember not to snap the floss between your teeth but using a smooth and flowing motion around each side of the tooth.
4. Slide the floss up and down against your tooth surface and under the gum. This may feel awkward but it is important to get underneath the tooth to clean those areas.

If you have any questions about your oral care routine then please do not hesitate to contact us.

TREATMENTS

ONE HOUR 'QUICKSMILE' WHITENING



The new 'Quicksmile' teeth whitening technology has been an exciting addition to our previous whitening techniques. This system is quick, effective and safe.

Having discoloured teeth or a dull smile has never been so easy to rectify. Now with this 1 hour treatment your teeth can be up to 8 shades lighter which will enhance your appearance and do wonders for your confidence!

The procedure is relatively simple and involves the placement of a specially developed gel to the surfaces of your teeth. This gel is then activated by a bright light whilst you sit back and relax.

Ask us today how simple this procedure is... Coupled with our take-home 'top up' kit, you won't stop smiling!



SPECIAL WHITENING OFFER*

For our patients we are offering a Braun electric toothbrush with each 'Quicksmile' 1 hour whitening and take-home top up kit. – Total cost \$995.00

A whiter, brighter, smile can be yours for less... present this newsletter to receive this offer!

*You must be approved for the whitening procedure.

** Oral-B Sonic toothbrushes are available for purchase at \$99, a reduced cost as a service to our patients.

DENTAL IMPLANTS

Dental Implants have been by far the greatest achievement in the replacement of missing teeth.

If you have one or more missing teeth, then you will find that there are many things that you miss. These things are not only functional problems such as chewing and cosmetic concerns, but include the loss of your confidence.

For denture wearers, the ability to smile without having to worry about dentures falling out is the answer they have been waiting for.

After a thorough diagnostic process a Dental Implant is placed using a minor surgical procedure. The implant itself acts as a replacement root and the final crown (visible section of a tooth) is fitted to this replacement root. The implant is made from a specially designed material that your bone is able to integrate with. This ensures that the implant is a solid, permanent sub structure that can accommodate the pressures of normal function.

There are many different situations that an implant can be used. You may require one or more teeth to be replaced.

Ask us today if this procedure is suitable for you... there are only a very few cases that implants are not suitable, so you may have found the answer that you have been looking for!

WHAT'S NEWS THIS MONTH!



After 13 years, its time for a change.

We are proud to announce that 2007 will see the completion of our brand new, purpose built state-of-the-art dental practice in Lane Cove. The new practice will be called Apple Dental and is designed to provide you with higher levels of comfort whilst continuing to provide you with the highest standard of care and dental options.

You can visit www.appledental.com.au to get a sneak preview as to our new look and witness the new practice taking shape.

"We look forward to continuing to serve you both at our existing facility and at our new facility from mid 2007."

Dr Mark Casiglia 

apple  DENTAL

HEALTH HAPPINESS CONFIDENCE

1 FINLAYSON ST, LANE COVE NSW 2066



TECHNOLOGY

Have you ever wondered what all of our gadgets actually do?

Have you seen something whilst visiting our practice that has had you baffled?

Each issue we will introduce a piece of technology to you.

DIGITAL RADIOGRAPHY



With digital radiography an X-ray becomes an almost instantaneous procedure. The radiation levels are kept at a minimum and we are able to view smaller areas with the use of the latest computer technology.

Your X-rays can be accessed easily in the future, can be printed or emailed and are stored safely to your very own computer file, with no chance of them getting misplaced.

OUR SERVICES

We pride ourselves on being able to offer you the most up to date dental solutions. Our comprehensive list of treatments include:

- Oral Examinations
- Digital Radiographs
- Oral Hygiene
- Teeth Whitening
- Tooth Coloured Fillings
- Porcelain Veneers
- Laser Dentistry
- Crowns and Bridges
- Root Canal Treatment
- Dental Implants
- Laser Gum Lifts
- Smile Makeovers
- Minor Oral Surgery
- Gum Treatments

Book your appointment today and start smiling!
Ph: 9427 1623



HOW TO FIND US

59 Burns Bay Road
Lane Cove NSW 2066

Access via Burns Bay Rd and Cox's Lane

Limited parking is available at the rear of our building and bus services are available nearby.



Book your appointment today and start smiling!

CONTACT US

Ph: 9427 1623
mydentist@lcdentalcentre.com.au

Dr Mark Casiglia
Dr Mandy Zheng
Dr Linda Yen

www.lcdentalcentre.com.au

OPENING HOURS:

Monday	7.30am till 6pm
Tuesday	7.30am till 9pm
Wednesday	9am till 9pm
Thursday	7.30am till 6pm
Friday	7.30am till 6pm
Saturday	9am till 5pm